

HAVE YOU BEEN TO SEE MANY HEALTHCARE PROVIDERS BUT NO ONE SEEMS TO HAVE FOUND AN ANSWER TO YOUR PROBLEM?

Do you or anyone in your family experience any of the following:

- General Pain
- Arthritis/Osteoporosis
- Back or Neck Pain
- Headaches
- Attention Deficit Disorder (ADD)
- Heartburn, gas, indigestion
- Constipation or diarrhea
- Allergies
- Fibromyalgia
- Fatigue
- Weight gain
- Bad sleep habits
- Need to balance your body/stay healthy

For fact sheets about these conditions, and testimonials from healthy, satisfied patients, please call our office. For dates and times of our upcoming seminars, so you can hear in person how Enzyme Replacement Nutrition works - and how it can help you, call us or log on to our website: www.drinsleman.com.

CONTACT

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*Healthline Radio Show **WLUX 540AM**

Wednesday 8:00pm - 9:00pm

Also columnist with **50+ Senior News**

*If you are sick and
tired of being sick
and tired...*

*...then improve
your quality of life
by discovering what
it's like to be
healthy again
with enzyme
nutrition.*

Dr. Paul S. Inselman

"I can't express how pleased I am with the results from being on the enzyme replacement therapy. As you know, I have had multiple symptoms, such as colitis, fatigue, light headedness, unbalanced and headaches to name a few. Due to your care and unending patience with me, I am now feeling much better after 4 years of being ill. I never thought I could feel this good again, and there aren't enough words to thank you and express my appreciation."

- Jo Ann DeLuca

"I am 65 years old and have been hospitalized many times since I had a heart attack. I was also a diabetic on insulin twice a day. I had many other strikes against me. All the hospitals told me there was nothing more they could do for me. I heard Dr. Inselman on his radio show (WLUX 540AM) and I am stronger, feeling 95% better. I have lost 15 lbs. and my family is amazed at the difference in the way I sound, look and feel in only three weeks. Thank you for being able to help me."

- Carolyn Ryan

BACKGROUND INFORMATION



Dr. Paul S. Inselman is a leading expert in Enzyme Replacement Nutrition, a science devoted to helping people achieve significant health benefits through food enzymes. His approach focuses on treating the body as a whole – not on treating each illness - and his practice provides patients with alternative health care choices to help them overcome a variety of health problems. By educating people about using these safe and natural methods, Dr. Inselman works towards enabling his patients' physicians to reduce or eliminate medications and focuses on helping people enhance their overall quality of life.

A graduate of New York Chiropractic College, Dr. Inselman has extensive post-graduate training and experience in Enzyme Nutrition. His unique training (he was personally taught by Dr. Howard Loomis, who is known worldwide as the "Father of Enzyme Replacement Nutrition"), combined with his years of clinical experience in Enzyme Nutrition, has made Dr. Inselman a leading authority in this growing field. In addition to his concentration in Enzyme Nutrition, Dr. Inselman's valuable postgraduate training in numerous other areas of medicine – including physiology, neurology, orthopedics and emergency medicine - extends his expertise and enables him to fully understand what is required for the total health and well-being of each individual.

Dr. Inselman is a sought-after speaker about the values and necessity of natural methods of health treatment and Enzyme Nutrition, and speaks to groups of concerned people and physicians nationwide who want to learn more about this health rewarding type of treatment. He has authored numerous articles about the topic in medical journals, and is the host of "Healthline", a live call-in radio show on WLUX 540AM, as well as a columnist with 50+ Senior News.

WHAT IS ENZYME NUTRITION?

Enzymes have a tremendous role in our food system and digestion process. Unfortunately, because enzymes cause foods to ripen, they can also cause them to spoil; therefore, they are removed from our food supply. However, just as we have found it beneficial to replace the vitamins and minerals to our foods, we have now found that replacing the enzymes in our diet can also have an extremely beneficial effect on a person's health.

Our practice provides people with the individualized programs that they need to incorporate these food enzymes back into their diets. We take a systematic approach: we use measurable test procedures to devise the right food plan for healthy living for each individual, one that will help to digest the diet, "detoxify" each patient and improve elimination. These food plans for healthy living work by ensuring that the right enzymes are ingested, digested, assimilated and utilized, and that the waste products are eliminated effectively. By incorporating Enzyme Replacement Nutrition into their lifestyles, people find that their general health and well-being are improved. And when a person feels healthier overall, they are able to enjoy a much better quality of life.

WHO CAN BENEFIT FROM ENZYME NUTRITION?

Everyone can benefit from enzyme nutrition. From children, to adults, to Baby Boomers and Seniors who are truly sick and tired of feeling sick and tired. If you can check off any of the problems listed on the next panel, we are confident that Enzyme Replacement Nutrition can make a huge difference in how you feel - and how you live your life.

So if you have a health problem that "nobody can seem to find an answer to", consider the benefits of Enzyme Replacement Nutrition, and the services of the Enzyme Replacement Nutrition Center. We'll listen to you, analyze your situation, and together come up with a plan that will change the way you feel forever.

"The enzyme replacement therapy treatment has improved my digestion beyond belief. I no longer get heart burn and that gassy, bloated feeling; nor do I need the allergy medicine. I will, of course, recommend my friends to you."

- Fred Carr

enzyme nutrition